



Adult child interaction checklist

Use this checklist to help you reflect on your own patterns of interaction - as a practitioner, parent or carer. It's a good idea to use the checklist in a variety of situations, and with different children. Your interaction style might vary from situation to situation and from child to child.

It will become clear to you which skills come quite naturally to you - and which may need a little bit more attention. Choose ONE goal at a time - and practice it for as long as it takes to feels more natural to you. Note the impact this change has on how the children communicate with you. This will be a great encouragement to you! Then chose another goal.

It can be a good idea to share your goals with your colleagues/family, and even ask them to fill in a checklist as they observe you.

	No	sometimes	always	Comments....
Sit where the child can see your FACE				
FOLLOW the child's LEAD, in play and in conversation				
WAIT for the child to talk				
LISTEN to what the child says and then PAUSE before replying				
COMMENT on what the child is doing?				
ASK only a very FEW questions				
Use SHORT, SIMPLE sentences				
Make your voice sound INTERESTING				
Give lots of PRAISE				

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