



Crawlers to walkers babblers to talkers...

talking is as important as walking



This will help me to:

- Learn new things
- Interact with others
- Be more confident
- Make friends at nursery and school
- Develop skills towards independence

Communication is as important as the more visual and physical milestones, such as crawling and walking. Almost any activity can be an opportunity to talk, bond and have fun with your child.

Helpful tips:

- Chat to your child about what you are doing as you feed, change and bathe them
- Respond to your child when they point or make noises, interpret what they are saying e.g. "you want the ball"
- Sing nursery rhymes and songs together
- Read books together, have fun making up stories and pretending to be different characters e.g. firefighter/farmer
- Visit CYPSTL Pinterest or Hungry Little Minds website



For more information scan the QR code or contact
the Help Kids Talk Coordinator: 028 92 670755
(option 6)

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