



Less watching more talking...



put everything away and just sing, talk and play



This will help me to:

- Learn new things
- Interact with others
- Be more confident
- Make friends at nursery and school
- Develop skills towards independence

Playing together helps strengthen the bond between a parent and child. By playing with your child you will help build their self-confidence and develop their language and communication skills. "Toys are great, but the best toy in the world for me is... you!"

Helpful tips:

- Sing nursery rhymes that involve touch, e.g. "Round and round the garden", or actions e.g. "Twinkle, twinkle little star"
- Play games like blowing raspberries or Peekaboo where the focus is on the interaction between you and your child - you can do this anywhere, no special equipment is required
- Switch screens off and take the time to have a chat with your child or have a dance and a sing-along
- Visit CYPSTL Pinterest or Hungry Little Minds website



For more information scan the QR code or contact
the Help Kids Talk Coordinator: 028 92 670755
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