



# Play your part right from the start...



**I need you to talk and play everyday**



## **This will help me to:**

- Learn new things
- Interact with others
- Be more confident
- Make friends at nursery and school
- Develop skills towards independence

Play is not only fun, it is also the best way for children to learn about themselves, other people and the world around them. Play helps develop attention, language, emotions, imagination & social skills.

## **Helpful tips:**

- Take time out every day to get involved with your child's play – this might only be for a few minutes that's ok
- Let your child take the lead, they will stay engaged for longer if you take an interest in what they want to do
- Comment lots during play so that your child hears words for actions and objects related to their play e.g. "wow you're building a tall tower!"
- Visit CYPSTL Pinterest or Hungry Little Minds website



For more information scan the QR code or contact  
the Help Kids Talk Coordinator: 028 92 670755  
(option 6)

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