



# Talk to me before I'm born...



**Think of the bond we will form**



## This will help me to:

- Learn new things
- Interact with others
- Be more confident
- Make friends at nursery and school
- Develop more independence

Talking & singing to babies in the womb develops the attachment between parent or caregiver and the child. Babies learn a lot before they are born. At 16-20 weeks they can hear your voice and other sounds from the womb. At 24-28 weeks their hearts beat faster when they hear music & they will remember the music they hear in the womb when they are born.

## Helpful tips:

- Talk, sing and play music to your bump
- Encourage close friends & family to talk to your bump too
- Rub your tummy when your baby kicks - this can become a 'conversation'
- Visit CYPSTL Pinterest Page and Hungry Little Minds website



For more information scan the QR code or contact  
the Help Kids Talk Coordinator: 028 92 670755  
(option 6)

[helpkidstalk@resurgamtrust.co.uk](mailto:helpkidstalk@resurgamtrust.co.uk)

